

**7<sup>th</sup> Cheung Do Kwan Poomsae Competition 2025**

**\*PLEASE PRINT THIS ENTRY FORM & BRING TO COMPETITION\***

<b>MADONNA D. RON</b>	
<b>Belt &amp; Poomsae</b> <b>GREEN (3)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>A-G27</b>	

**Taekwondo Demonstration | 12:30pm – 12:45pm**

**Competition Schedule | 1:00pm – 5:00pm**

Time	1:00pm – 2:30pm	2:30pm – 5:00pm
Court A	Green	Green-Blue
Court B	Blue	Yellow-Green
Court C	Blue-Red	Red, Red-Black
Court D	Black	Yellow

Southorn Stadium, 111 Johnston Road, Wan Chai  
*To re-print entry form, visit [www.hongkongtaekwondo.com/](http://www.hongkongtaekwondo.com/)*

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<b>ELSIE L. TAGAPAN</b>	
<b>Belt &amp; Poomsae</b> <b>BLUE (5)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>B-B21</b>	

**Taekwondo Demonstration | 12:30pm – 12:45pm**

**Competition Schedule | 1:00pm – 5:00pm**

Time	1:00pm – 2:30pm	2:30pm – 5:00pm
Court A	Green	Green-Blue
Court B	Blue	Yellow-Green
Court C	Blue-Red	Red, Red-Black
Court D	Black	Yellow

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<b>PAMELA G. BONA-OG</b>	
<b>Belt &amp; Poomsae</b> <b>BLUE-RED (6)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>C-BR16</b>	

**Taekwondo Demonstration | 12:30pm – 12:45pm**

**Competition Schedule | 1:00pm – 5:00pm**

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<b>FERNALIE F. PADRIQUE</b>	
<b>Belt &amp; Poomsae</b> <b>BLUE-RED (6)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>C-BR16</b>	

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<b>MAYLYN CASTRO</b>	
<b>Belt &amp; Poomsae</b> <b>RED (7)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>C-R15</b>	

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<b>ELISA E. SALAZAR</b>	
<b>Belt &amp; Poomsae</b> <b>RED (7)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>C-R15</b>	

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<b>LIEZL CAGAMPANG</b>	
<b>Belt &amp; Poomsae</b> <b>RED (7)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>C-R15</b>	

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<b>VIRGINIA E. ESPIRITU</b>	
<b>Belt &amp; Poomsae</b> <b>RED (7)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>C-R15</b>	

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<b>MARLITA D. TAMANO</b>	
<b>Belt &amp; Poomsae</b> <b>RED-BLACK (8)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>C-RB12</b>	

**Taekwondo Demonstration | 12:30pm – 12:45pm**

**Competition Schedule | 1:00pm – 5:00pm**

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<b>CHANDA B. ROMERO</b>	
<b>Belt &amp; Poomsae</b> <b>BLACK (7 &amp; Koryo)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>D-D16</b>	

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<b>RASMIATI</b>	
<b>Belt &amp; Poomsae</b> <b>BLACK (7 &amp; Koryo)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>VOLUNTEER</b>
<b>Group</b> <b>D-D17</b>	

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