

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>HAZEL CHENG</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-AMC</b>
Group <b>A-YG14</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MAYLA KEMENT</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>A-Y3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>DOM MAXIMO</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>A-Y5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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COURT A (YELLOW, YELLOW-GREEN)  
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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>NILAY KEMENT</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-DB</b>
Group <b>A-Y8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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COMPETITION

<b>WONG BOZIDAR BOK SZE</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>A-Y12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>SAPPHYRE KOSTER</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-DB</b>
Group <b>A-YG1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>SCKYE KOSTER</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-DB</b>
Group <b>A-YG2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MAXIME PATOIS</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-DB</b>
Group <b>A-YG3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>GABRIEL LUI</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-DB</b>
Group <b>A-YG5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>AVA LEITCH</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>A-YG6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>ZHANG ZHAOJIA ADAM</b>	
<b>Belt &amp; Poomsae</b>	
<b>YELLOW-GREEN (2)</b>	
<b>Division</b> <b>Kids II (6-8)</b>	<b>School</b> <b>CDK-DB</b>
<b>Group</b> <b>A-YG9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>LINCOLN WILSON</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>A-YG12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>KIM YONG JUN</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>A-YG13</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>LEO WANG</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-DB</b>
Group <b>B-G3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>SCARLETT FUHRICH</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>B-G5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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COMPETITION

<b>LEO KAM</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>B-G8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>YEUNG NOK HEI LOUIS</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>B-G8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>AARON LEE SCHERTLE</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>B-G9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>ETHAN MULHOLLAND</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-DB</b>
Group <b>B-G12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>MARCUS MACKIE</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>C-GB4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
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<b>ELIYAH HOANG HO-SAM-SOOI</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>C-GB5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>VICTORIA KINGSLEY</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>B-B2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>YEUNG, CHEUK WING (TILDA)</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>B-B2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
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<b>CLARK CHIH HUNG, TSAI</b>	
<b>Belt &amp; Poomsae</b>	
<b>BLUE (5)</b>	
<b>Division</b> <b>Kids II (6-8)</b>	<b>School</b> <b>CDK-DB</b>
<b>Group</b>	
<b>B-B3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM **“PLEASE PRINT IN A4 SIZE”** & BRING TO  
COMPETITION

<b>LUCAS LI</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>B-B4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CARMELO SERIO</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>B-B5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>FRED MA</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>B-B6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CARLYLE FERNANDES</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-DB</b>
Group <b>B-B11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ALESSIA SERIO</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>C-BR2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ALEXANDRA PATOIS</b>	
<b>Belt &amp; Poomsae</b>	
<b>BLUE-RED (6)</b>	
<b>Division</b> <b>Kids II (6-8)</b>	<b>School</b> <b>CDK-DB</b>
<b>Group</b> <b>C-BR2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>LIM JAE JUNG</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-DB</b>
Group <b>C-BR13</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>FOX WANG</b>	
Belt & Poomsae	
<b>RED (7)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>C-R3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM **“PLEASE PRINT IN A4 SIZE”** & BRING TO  
COMPETITION

<b>ALANA VESGA</b>	
Belt & Poomsae	
<b>RED (7)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-DB</b>
Group <b>C-R5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MARIA KURNOSOVA</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-DB</b>
Group <b>C-R5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>LIM SEHYUN</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-DB</b>
Group <b>C-R7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM **“PLEASE PRINT IN A4 SIZE”** & BRING TO  
COMPETITION

<b>ANUSHA OJHA</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Senior I (15-19)</b>	School <b>CDK-DB</b>
Group <b>C-R9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>ALICE DING</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>D-RB1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ELISABETH SIMON</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-DB</b>
Group <b>D-BLK1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MICHELLE DENG</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-DB</b>
Group <b>D-BLK16</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>LUKE LIANG</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>A-Y1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>YEUNG MING O</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>A-Y1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>ZIANA SEHGAL</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>A-Y2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM **“PLEASE PRINT IN A4 SIZE”** & BRING TO  
COMPETITION

<b>WONG CARTER</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>A-Y4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>TANG XIAOTIAN</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>A-Y6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>LAU PAK LUN JARIS</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>A-Y7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ELSIE L. TAGAPAN</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>A-Y11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>GISELLE LO CHI YING</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>A-YG2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>NOAH CRISTOBAL</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>A-YG4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>ALEXANDER WAI SHUN CHAN</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>A-YG15</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MAK HOI LAM HAILEY</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-FH</b>
Group <b>A-YG17</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>TSOI TSZ YAU CAITLIN</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>B-G1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ZACHARY CHAN</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>B-G2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>SEAN NOAH WONG</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>B-G3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MATTHEW CHAK HIM LAI</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>B-G8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>NICHOLAS WAI TAK CHAN</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>B-G9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>LAU SIK KIU TIFFANY</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>B-G11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>PAMELA G. BONA-OG</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>B-G17</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ELMA D. TAMDANG</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>B-G17</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>AIZA U. TAYTAYAN</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>B-G18</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>BORIS ROUX</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>B-G18</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>IP HEERI SZE TING</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>C-GB1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ETHAN WONG</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>C-GB2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>AVA CHOW</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>C-GB3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>HARVEY LO HIN WANG</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>C-GB4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>EDEN ALASTAIR CHOW</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>C-GB5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>OLIVIA LO LOK CHING</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>C-GB6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>HUBERT SUN</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Senior II (20-29)</b>	School <b>CDK-FH</b>
Group <b>C-GB9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>KHADIJA KARMEN</b>	
<b>MATHESON-WEBSTER</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division	School
<b>Senior III (30+)</b>	<b>CDK-FH</b>
Group	
<b>C-GB10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A	(YELLOW, YELLOW-GREEN)
COURT B	(GREEN, BLUE)
COURT C	(GREEN-BLUE, BLUE-RED, RED)
COURT D	(RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>JOHARIYA P. KILAM</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>C-GB10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CRISTINA G. ADRIATICO</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>C-GB11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
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6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>MARJORIE MARCO</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>C-GB11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM **“PLEASE PRINT IN A4 SIZE”** & BRING TO  
COMPETITION

<b>CONAN CHEE</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>B-B4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ALEXANDRE SAUREL</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>B-B5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ARTHUR SAUREL</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>B-B10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>FREEYA MAY ROA</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Senior II (20-29)</b>	School <b>CDK-FH</b>
Group <b>B-B14</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>LIEZL CAGAMPANG</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>B-B15</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MAYLYN CASTRO</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>B-B15</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MARIBEL C. NATURA</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division	School
<b>Senior III (30+)</b>	<b>CDK-FH</b>
Group	
<b>B-B15</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ELAINE GRACE A. PED</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>B-B16</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MELANY PIECH</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>B-B16</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CONNOR WOO</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>C-BR1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>BRYNN MA</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>C-BR2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CHOI NGOU CHING (ADRIAN)</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>C-BR3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CONRAD CHAN SHEUNG YIN</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>C-BR3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>RANSLEY WONG HIU YEUNG</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>C-BR6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>KAYDEN WONG HIU TING</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-FH</b>
Group <b>C-BR11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>INDRAWATI</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>C-BR12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>EVERETT JAKE LO</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>C-R1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>JULIAN TIM YAU</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-FH</b>
Group <b>C-R1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>LAU TSZ LAM RACHEL</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>C-R2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>LEEANN ROUX</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>C-R2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>AIDEN SHING HEI POON</b>	
Belt & Poomsae	
<b>RED (7)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>C-R3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>WONG ANGUS YUEN HANG</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>C-R4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>DAMIN DIANE CHUNG</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>C-R5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MARLITA D. TAMANO</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>C-R10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>VIRGINIA ESPIRITU</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>C-R10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ROCEL B. MIRANDA</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>C-R11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ELIZABETH F. GIRAY</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>C-R11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ZIANA ADRIJA AGUADO</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-RB1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>TAYLOR WOO</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-RB1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>CHUNG YAT LONG DAVIS</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-RB2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CHU HOI CHING (ETHAN)</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-RB2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>LO WANG TSUN</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-RB3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ZENG YAU CHUN JAYDEN</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-RB3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>SEBASTIAN ALEXANDER HUANG</b>	
Belt & Poomsae <b>RED-BLACK (8)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-RB3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A	(YELLOW, YELLOW-GREEN)
COURT B	(GREEN, BLUE)
COURT C	(GREEN-BLUE, BLUE-RED, RED)
COURT D	(RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ETHAN LOO</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>D-RB5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MARILYN R. ELLARINA</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division	School
<b>Senior III (30+)</b>	<b>CDK-FH</b>
Group	
<b>D-RB7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>JESSICA P. PASTRANA</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division	School
<b>Senior III (30+)</b>	<b>CDK-FH</b>
Group	
<b>D-RB7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MYLENE S. DE GUZMAN</b>	
<b>Belt &amp; Poomsae</b>	
<b>RED-BLACK (8)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>CDK-FH</b>
<b>Group</b> <b>D-RB8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>RASMIATI</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>D-RB8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ROSANA BAYRON FRANCISCO</b>	
<b>Belt &amp; Poomsae</b>	
<b>RED-BLACK (8)</b>	
<b>Division</b> <b>Senior III (30+)</b>	<b>School</b> <b>CDK-FH</b>
<b>Group</b>	
<b>D-RB9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>QUINN MA</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-BLK1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>AU HON TING AUSTIN</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-BLK2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>HO KU LUN REILLY</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-FH</b>
Group <b>D-BLK2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>MEGAN DOCHERTY</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>D-BLK3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>JAMIE TSANG</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>D-BLK4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>CHAN KING CHUN LEONARD</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-FH</b>
Group <b>D-BLK5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>BEA KWON WONG</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-FH</b>
Group <b>D-BLK6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>RANICE HO</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-FH</b>
Group <b>D-BLK7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>CHOI, CHEUK TAT EUGENE</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-FH</b>
Group <b>D-BLK8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>YEUNG YUI WANG COLIN</b>	
<b>Belt &amp; Poomsae</b>	
<b>BLACK (4 &amp; Koryo)</b>	
<b>Division</b> <b>Cadet (12-14)</b>	<b>School</b> <b>CDK-FH</b>
<b>Group</b> <b>D-BLK8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>EMMETT LOO</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-FH</b>
Group <b>D-BLK9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>THOMAS DOCHERTY</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-FH</b>
Group <b>D-BLK9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>SABRINA LORAIN YAMSUAN</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division	School
<b>Senior III (30+)</b>	<b>CDK-FH</b>
Group	
<b>D-BLK14</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>KIM KYUNG HEE</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-FH</b>
Group <b>D-BLK14</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>CHANDA B. ROMERO</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division	School
<b>Senior III (30+)</b>	<b>CDK-FH</b>
Group	
<b>D-BLK15</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>YOLANDA T. GUILLERMO</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division	School
<b>Senior III (30+)</b>	<b>CDK-FH</b>
Group	
<b>D-BLK16</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Ismail Nafeesa</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior II (20-29)</b>	School <b>CDK-HKU</b>
Group <b>D-BLK13</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Anita Tam</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior II (20-29)</b>	School <b>CDK-HKU</b>
Group <b>D-BLK13</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Diana Tan</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-HKU</b>
Group <b>D-BLK14</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Pun Magar Roja</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>A-Y3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Sarki Ukta</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>A-Y3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<h1>Shrestha Aleph</h1>	
Belt & Poomsae	
<h1>YELLOW (1)</h1>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <h1>A-Y4</h1>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Gurung Darpan</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>A-Y4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM **“PLEASE PRINT IN A4 SIZE”** & BRING TO  
COMPETITION

<b>Gauchan Bidan</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>A-Y5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<h1>Gurung Sakxam</h1>	
Belt & Poomsae	
<h1>YELLOW (1)</h1>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <h1>A-Y6</h1>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Tilija Mijan</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>A-Y6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Gurung Karma</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>A-Y7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Limbu Hangesa Sanyok</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>A-Y9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
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6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Rai Pratigya</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-RAJU</b>
Group <b>A-Y11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM **“PLEASE PRINT IN A4 SIZE”** & BRING TO  
COMPETITION

<h1>Thapa Rihydian</h1>	
Belt & Poomsae	
<h1>YELLOW (1)</h1>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <h1>A-Y12</h1>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Gurung Ariana</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>A-YG6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

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In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Pun Alaina</b>	
<b>Belt &amp; Poomsae</b>	
<b>YELLOW-GREEN (2)</b>	
<b>Division</b> <b>Kids II (6-8)</b>	<b>School</b> <b>CDK-RAJU</b>
<b>Group</b> <b>A-YG7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Gurung Elsa</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>A-YG8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Pun Naman</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>A-YG10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Gurung Rhythm</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>A-YG10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Limbu Swapnil</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>A-YG16</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Rai Sulin</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>B-G4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<h1>Thapa Nimesha</h1>	
Belt & Poomsae	
<h1>GREEN (3)</h1>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <h1>B-G5</h1>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Sunwar Sarang</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>B-G5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Thapa Pachhai Neerav</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>B-G7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Sarki Prakt</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>B-G9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Limbu Nicolas</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RAJU</b>
Group <b>B-G10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Pun Magar Drake</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>B-G12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Sarki Prasun</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>B-G14</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Rai Brinda</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>C-GB6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Gurung Prinsha</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>C-GB6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Gurung Jecinta</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>C-GB7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Rai laanam</b>	
<b>Belt &amp; Poomsae</b>	
<b>GREEN-BLUE (4)</b>	
<b>Division</b> <b>Kids III (9-11)</b>	<b>School</b> <b>CDK-RAJU</b>
<b>Group</b> <b>C-GB8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
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# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Rai Ivar</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>C-GB8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Gurung Sanshar</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Senior I (15-19)</b>	School <b>CDK-RAJU</b>
Group <b>C-GB9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Pun Melvin</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RAJU</b>
Group <b>B-B10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Rai Aastha</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division <b>Senior I (15-19)</b>	School <b>CDK-RAJU</b>
Group <b>B-B13</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Gurung Milan</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior I (15-19)</b>	School <b>CDK-RAJU</b>
Group <b>D-BLK11</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Gurung Justin</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior I (15-19)</b>	School <b>CDK-RAJU</b>
Group <b>D-BLK12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CLAIRE GUO</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-RB</b>
Group <b>A-YG1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
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[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>WILLIAM QUAIFE</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RB</b>
Group <b>C-BR3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ELISA SERAFINO</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-RB</b>
Group <b>C-BR4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>NATHAN KOH</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-RB</b>
Group <b>C-R3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CHUNG YEE CHING, LAURINA</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-STT</b>
Group <b>A-YG6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ELVIS TAM</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-STT</b>
Group <b>A-YG12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>TAN TSE JIN CONNOR</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-STT</b>
Group <b>A-YG16</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>SZE HOI KING</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-STT</b>
Group <b>C-GB2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Liam Yip</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-STT</b>
Group <b>B-B5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Lam Cheuk Yiu</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Senior II (20-29)</b>	School <b>CDK-STT</b>
Group <b>B-B14</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Tsz Ying Lam</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-STT</b>
Group <b>B-B16</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>SOFIA SIA</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-STT</b>
Group <b>C-BR5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ALLISON LOK YAN FONG</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Senior I (15-19)</b>	School <b>CDK-STT</b>
Group <b>C-BR12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM **“PLEASE PRINT IN A4 SIZE”** & BRING TO  
COMPETITION

<b>LIM SEAN</b>	
Belt & Poomsae	
<b>RED (7)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-STT</b>
Group <b>C-R4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>ROSIE WALPOLE</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-STT</b>
Group <b>C-R8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>So Chung Heng Cayden</b>	
<b>Belt &amp; Poomsae</b>	
<b>RED-BLACK (8)</b>	
<b>Division</b> <b>Kids II (6-8)</b>	<b>School</b> <b>CDK-STT</b>
<b>Group</b> <b>D-RB2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Leah Ho</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-STT</b>
Group <b>D-RB4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>TYLER NGAI</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-STT</b>
Group <b>D-RB6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
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6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>HUI WAN HENG</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-STT</b>
Group <b>D-BLK17</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Sebastien Tassart</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-STT</b>
Group <b>D-BLK17</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Limbu Sesehang</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WAR</b>
Group <b>B-G13</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Limbu Sudin</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WAR</b>
Group <b>B-G15</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Taytayan Aiza</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-WAR</b>
Group <b>B-G17</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Marco Marjorie</b>	
Belt & Poomsae	
<b>GREEN-BLUE (4)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-WAR</b>
Group <b>C-GB10</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southern Stadium, 111 Johnston Road, Wan Chai  
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[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>Ped Elaine Grace</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-WAR</b>
Group <b>B-B15</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
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[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Francisco Rosana</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-WAR</b>
Group <b>D-RB7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>De Jesus Melody</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-WAR</b>
Group <b>D-RB8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>De Guzman Mylene</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-WAR</b>
Group <b>D-RB9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
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6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>Yamsuan Sabrina Loraine Cruz</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division	School
<b>Senior III (30+)</b>	<b>CDK-WAR</b>
Group	
<b>D-BLK15</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
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[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ADAM BALAHORSKI</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-WCH</b>
Group <b>A-Y1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>MASON CHAN</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-WCH</b>
Group <b>A-Y2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>JAMESON CHUNG</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-WCH</b>
Group <b>A-Y2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
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# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM **“PLEASE PRINT IN A4 SIZE”** & BRING TO  
COMPETITION

<b>BEN BALAHORSKI</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-WCH</b>
Group <b>A-Y5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>ABIGAIL AILA RATY</b>	
Belt & Poomsae	
<b>YELLOW (1)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WCH</b>
Group <b>A-Y9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>LEE MAN HEI</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-WCH</b>
Group <b>A-YG1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)



**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>MICAH CHENG</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-WCH</b>
Group <b>A-YG3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ALI BENIHASIM</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-WCH</b>
Group <b>A-YG12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>PANG OSKAR YIU TAT</b>	
Belt & Poomsae	
<b>YELLOW-GREEN (2)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-WCH</b>
Group <b>A-YG13</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>SHIU CHUN SHING COLWIN</b>	
<b>Belt &amp; Poomsae</b>	
<b>YELLOW-GREEN (2)</b>	
<b>Division</b> <b>Kids II (6-8)</b>	<b>School</b> <b>CDK-WCH</b>
<b>Group</b> <b>A-YG13</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

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[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>JAYDEN LEE</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WCH</b>
Group <b>B-G12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CHARLIZE LUU</b>	
Belt & Poomsae	
<b>GREEN (3)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-WCH</b>
Group <b>B-G16</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>NG HEI WUN HAYLEY</b>	
<b>Belt &amp; Poomsae</b>	
<b>GREEN-BLUE (4)</b>	
<b>Division</b> <b>Kids II (6-8)</b>	<b>School</b> <b>CDK-WCH</b>
<b>Group</b> <b>C-GB3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>WESLEY LO</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division <b>Kids I (4-5)</b>	School <b>CDK-WCH</b>
Group <b>B-B1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

Southorn Stadium, 111 Johnston Road, Wan Chai  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>LUCAS ZHENG</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-WCH</b>
Group <b>B-B3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

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# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>DAVID FAN CHEN</b>	
Belt & Poomsae <b>BLUE (5)</b>	
Division <b>Kids II (6-8)</b>	School <b>CDK-WCH</b>
Group <b>B-B6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

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# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>NORA KO</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WCH</b>
Group <b>B-B7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)

COURT A (YELLOW, YELLOW-GREEN)  
COURT B (GREEN, BLUE)  
COURT C (GREEN-BLUE, BLUE-RED, RED)  
COURT D (RED-BLACK, BLACK)

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In case of lost entry form, click link below and print  
[www.hongkongtaekwondo.com/6cdk2024](http://www.hongkongtaekwondo.com/6cdk2024)

# 6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024

ENTRY FORM “**PLEASE PRINT IN A4 SIZE**” & BRING TO  
COMPETITION

<b>COLIN KO</b>	
Belt & Poomsae	
<b>BLUE (5)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WCH</b>
Group <b>B-B12</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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COURT A (YELLOW, YELLOW-GREEN)  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>ANDY ANHAO LI</b>	
Belt & Poomsae	
<b>BLUE-RED (6)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WCH</b>
Group <b>C-BR6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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COURT A (YELLOW, YELLOW-GREEN)  
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COURT D (RED-BLACK, BLACK)

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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>NG PAK HEI JASPER</b>	
Belt & Poomsae <b>RED (7)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WCH</b>
Group <b>C-R7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A      (YELLOW, YELLOW-GREEN)  
COURT B      (GREEN, BLUE)  
COURT C      (GREEN-BLUE, BLUE-RED, RED)  
COURT D      (RED-BLACK, BLACK)

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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>FUNG KING HIM IAN</b>	
Belt & Poomsae	
<b>RED-BLACK (8)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WCH</b>
Group <b>D-RB6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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COURT A (YELLOW, YELLOW-GREEN)  
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COURT C (GREEN-BLUE, BLUE-RED, RED)  
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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CHRISTIAN TSE</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Kids III (9-11)</b>	School <b>CDK-WCH</b>
Group <b>D-BLK4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, YELLOW-GREEN)

COURT B (GREEN, BLUE)

COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>CHASE HUI</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Cadet (12-14)</b>	School <b>CDK-WCH</b>
Group <b>D-BLK9</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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COURT A (YELLOW, YELLOW-GREEN)

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COURT C (GREEN-BLUE, BLUE-RED, RED)

COURT D (RED-BLACK, BLACK)

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**6<sup>th</sup> Cheung Do Kwan Poomsae Competition 2024**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” & BRING TO  
COMPETITION**

<b>WILMAN LEE</b>	
Belt & Poomsae	
<b>BLACK (4 &amp; Koryo)</b>	
Division <b>Senior III (30+)</b>	School <b>CDK-WCH</b>
Group <b>D-BLK17</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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