

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

MARIBEL C. NATURA	
CDK-YOL	
A-Y14	
DIVISION Senior III	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

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www.hongkongtaekwondo.com/5thcomplist

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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DELIA C. SERNADILLA	
CDK-YOL	
A-Y15	
DIVISION Senior III	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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ROCEL B. MIRANDA	
CDK-YOL	
C-G17	
DIVISION Senior II	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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ELIZABETH F. GIRAY	
CDK-YOL	
C-G18	
DIVISION Senior III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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RITCHIE D. ESPITAL	
CDK-YOL	
C-G18	
DIVISION Senior III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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VIRGINIA ESPIRITU	
CDK-YOL	
C-G18	
DIVISION Senior III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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JUDITH ESCOTON	
CDK-YOL	
C-G19	
DIVISION Senior III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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INDRAWATI	
CDK-YOL	
C-G19	
DIVISION Senior III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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JOHARIYA P. KILAM	
CDK-YOL	
C-G19	
DIVISION Senior III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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MARLITA D. TAMANO	
CDK-YOL	
B-B12	
DIVISION Senior III	BELT BLUE
POOMSAE 5	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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EVANGELINE V. MORTOS	
CDK-YOL	
B-B12	
DIVISION Senior III	BELT BLUE
POOMSAE 5	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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JESSICA P. PASTRANA	
CDK-YOL	
A-R10	
DIVISION Senior III	BELT RED
POOMSAE 7	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
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RIZZA JEANNE OCAMPO	
CDK-YOL	
B-RB8	
DIVISION Senior III	BELT RED-BLACK
POOMSAE 8	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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RASMIATI	
CDK-YOL	
B-RB8	
DIVISION Senior III	BELT RED-BLACK
POOMSAE 8	

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Competition Time | 1:30pm – 5:00pm

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