

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Limbu Sudin	
WAR	
A-Y11	
DIVISION Kids III	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist

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Taytayan Aiza	
WAR	
A-Y14	
DIVISION Senior III	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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Marco Marjorie	
WAR	
B-YG16	
DIVISION Senior III	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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Francisco Rosana	
WAR	
C-GB9	
DIVISION Senior III	BELT GREEN-BLUE
POOMSAE 4	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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De Jesus Melody	
WAR	
B-B12	
DIVISION Senior III	BELT BLUE
POOMSAE 5	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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De Guzman Mylene	
WAR	
D-BR14	
DIVISION Senior III	BELT BLUE-RED
POOMSAE 6	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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Yamsuan Sabrina Loraine Cruz	
WAR	
D-BLK11	
DIVISION Senior III	BELT BLACK
POOMSAE 0	

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Competition Time | 1:30pm – 5:00pm

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