

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Daisyray Cañete Pabillar	
UPTO	
A-Y14	
DIVISION Senior III	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplis

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Maria Theresa N. Malbog	
UPTO	
B-YG16	
DIVISION Senior III	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

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Rosemary Tome Alabata	
UPTO	
B-B12	
DIVISION Senior III	BELT BLUE
POOMSAE 5	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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Charita Campos	
UPTO	
D-BR14	
DIVISION Senior III	BELT BLUE-RED
POOMSAE 6	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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Mylene Adtoon	
UPTO	
B-RB8	
DIVISION Senior III	BELT RED-BLACK
POOMSAE 8	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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Sofia Talite	
UPTO	
D-BLK12	
DIVISION Senior III	BELT BLACK
POOMSAE 0	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

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