

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Ho Ka Yan, Emma	
MSJ	
A-Y7	
DIVISION Kids II	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Ting Cho Kiu, Haiel	
MSJ	
A-Y12	
DIVISION Cadet	BELT YELLOW
POOMSAE 1	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplis

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Lee Wan Yi, Shirley	
MSJ	
B-YG10	
DIVISION Kids III	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

HO SHEUNG YI ALICE	
MSJ	
B-YG11	
DIVISION Kids III	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Steven Zhu	
MSJ	
B-YG13	
DIVISION Kids III	BELT YELLOW-GREEN
POOMSAE 2	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Ma Tsz Chong, Jun	
MSJ	
C-G12	
DIVISION Kids III	BELT GREEN
POOMSAE 3	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplis

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Lo Hong Tung , Ellie	
MSJ	
B-B6	
DIVISION Kids III	BELT BLUE
POOMSAE 5	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Lo Yui Hin , Rex	
MSJ	
B-B8	
DIVISION Kids III	BELT BLUE
POOMSAE 5	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Li Chun Yeung, Jimmy	
MSJ	
B-B10	
DIVISION Cadet	BELT BLUE
POOMSAE 5	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist

5th Cheung Do Kwan Poomsae Competition 2023

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &
BRING TO COMPETITION**

Li Ka Yu, Ginny	
MSJ	
B-B11	
DIVISION Senior I	BELT BLUE
POOMSAE 5	

Taekwondo Demonstration | 1:00pm – 1:30pm

Competition Time | 1:30pm – 5:00pm

WWW.HONGKONGTAEKWONDO.COM

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

Address: Southorn Stadium, 111 Johnston Road, Wan Chai

In case of lost entry form, click link below and print

www.hongkongtaekwondo.com/5thcomplist