

**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>ISMAIL Nafeesa</b>	
<b>HKU</b>	
<b>D-BLK10</b>	
<b>DIVISION</b> Senior II	<b>BELT</b> BLACK
<b>POOMSAE 0</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

**[WWW.HONGKONGTAEKWONDO.COM](http://WWW.HONGKONGTAEKWONDO.COM)**

COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

*Address: Southorn Stadium, 111 Johnston Road, Wan Chai*

*In case of lost entry form, click link below and print*

**[www.hongkongtaekwondo.com/5thcomplis](http://www.hongkongtaekwondo.com/5thcomplis)**

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<b>Tam Yuen Tung</b>	
<b>HKU</b>	
<b>D-BLK10</b>	
<b>DIVISION</b> Senior II	<b>BELT</b> BLACK
<b>POOMSAE 0</b>	

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<b>Leung Ka Po</b>	
<b>HKU</b>	
<b>D-BLK10</b>	
<b>DIVISION</b> Senior II	<b>BELT</b> BLACK
<b>POOMSAE 0</b>	

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**Competition Time | 1:30pm – 5:00pm**

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<b>Cheng Hung On</b>	
<b>HKU</b>	
<b>D-BLK11</b>	
<b>DIVISION</b> Senior III	<b>BELT</b> BLACK
<b>POOMSAE 0</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>Poon Yuk Ting Peggy</b>	
<b>HKU</b>	
<b>D-BLK12</b>	
<b>DIVISION</b> Senior III	<b>BELT</b> BLACK
<b>POOMSAE 0</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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