

**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Clark Tsai</b>	
<b>CDK-DB</b>	
<b>A-Y3</b>	
<b>DIVISION</b> Kids I	<b>BELT</b> YELLOW
<b>POOMSAE 1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

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<b>Elijah Ho-Sam-Sooi</b>	
<b>CDK-DB</b>	
<b>A-Y4</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW
<b>POOMSAE 1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>Aaron Schertle</b>	
<b>CDK-DB</b>	
<b>A-Y5</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW
<b>POOMSAE 1</b>	

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<b>Harrison Garrett</b>	
<b>CDK-DB</b>	
<b>A-Y6</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW
<b>POOMSAE 1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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Luca Li	
CDK-DB	
A-Y8	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW
POOMSAE 1	

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<b>Alexander Lau</b>	
<b>CDK-DB</b>	
<b>A-Y8</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW
<b>POOMSAE 1</b>	

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<b>Jia Toong</b>	
<b>CDK-DB</b>	
<b>A-Y10</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> YELLOW
<b>POOMSAE 1</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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<b>Alyssa Lau</b>	
<b>CDK-DB</b>	
<b>A-Y12</b>	
<b>DIVISION</b> Cadet	<b>BELT</b> YELLOW
<b>POOMSAE 1</b>	

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<b>Yebin Lee</b>	
<b>CDK-DB</b>	
<b>A-Y16</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW
<b>POOMSAE 1</b>	

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<b>(Tilda) Yeung, Cheuk Wing</b>	
<b>CDK-DB</b>	
<b>B-YG3</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW-GREEN
<b>POOMSAE 2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>Fred Ma</b>	
<b>CDK-DB</b>	
<b>B-YG5</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW-GREEN
<b>POOMSAE 2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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<b>Jack Harper</b>	
<b>CDK-DB</b>	
<b>B-YG6</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW-GREEN
<b>POOMSAE 2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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<b>Kwok Pak Ting Jayden</b>	
<b>CDK-DB</b>	
<b>B-YG7</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW-GREEN
<b>POOMSAE 2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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<b>Ivan Komarov</b>	
<b>CDK-DB</b>	
<b>B-YG7</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW-GREEN
<b>POOMSAE 2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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<b>Sebastian Yeung</b>	
<b>CDK-DB</b>	
<b>B-YG8</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> YELLOW-GREEN
<b>POOMSAE 2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
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<b>Taemin Chung</b>	
<b>CDK-DB</b>	
<b>B-YG13</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> YELLOW-GREEN
<b>POOMSAE 2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>Arnav Bhave</b>	
<b>CDK-DB</b>	
<b>B-YG14</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> YELLOW-GREEN
<b>POOMSAE 2</b>	

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
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<b>Maria Ivou</b>	
<b>CDK-DB</b>	
<b>B-YG15</b>	
<b>DIVISION</b> Cadet	<b>BELT</b> YELLOW-GREEN
<b>POOMSAE 2</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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<b>Damin Diane Chung</b>	
<b>CDK-DB</b>	
<b>C-G2</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> GREEN
<b>POOMSAE 3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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<b>Ethan Daly</b>	
<b>CDK-DB</b>	
<b>C-G5</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> GREEN
<b>POOMSAE 3</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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<b>Lim Jae Jung</b>	
<b>CDK-DB</b>	
<b>C-G20</b>	
<b>DIVISION</b> <b>Senior III</b>	<b>BELT</b> <b>GREEN</b>
<b>POOMSAE 3</b>	

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
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<b>Wang Ruo Zhou Fox</b>	
<b>CDK-DB</b>	
<b>C-GB4</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> GREEN-BLUE
<b>POOMSAE 4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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<b>Maria Kurnosova</b>	
<b>CDK-DB</b>	
<b>C-GB5</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> GREEN-BLUE
<b>POOMSAE 4</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

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<b>Kevin Sea</b>	
<b>CDK-DB</b>	
<b>C-GB6</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> GREEN-BLUE
<b>POOMSAE 4</b>	

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COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Veda Navin Khianey</b>	
<b>CDK-DB</b>	
<b>B-B7</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> BLUE
<b>POOMSAE 5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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COURT A (YELLOW, RED)

COURT B (YELLOW-GREEN, BLUE & RED-BLACK)

COURT C (GREEN, GREEN-BLUE)

COURT D (BLUE-RED, BLACK)

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Filippos Cuccagna</b>	
<b>CDK-DB</b>	
<b>B-B9</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> BLUE
<b>POOMSAE 5</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Alice Ding</b>	
<b>CDK-DB</b>	
<b>D-BR1</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> BLUE-RED
<b>POOMSAE 6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Alessia Serio</b>	
<b>CDK-DB</b>	
<b>D-BR1</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> BLUE-RED
<b>POOMSAE 6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Alana Vesga</b>	
<b>CDK-DB</b>	
<b>D-BR2</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> BLUE-RED
<b>POOMSAE 6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Carmelo Serio</b>	
<b>CDK-DB</b>	
<b>D-BR4</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> BLUE-RED
<b>POOMSAE 6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Daniela Barros</b>	
<b>CDK-DB</b>	
<b>D-BR7</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> BLUE-RED
<b>POOMSAE 6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Felipe Vega</b>	
<b>CDK-DB</b>	
<b>D-BR9</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> BLUE-RED
<b>POOMSAE 6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Lim Se Hyun</b>	
<b>CDK-DB</b>	
<b>D-BR9</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> BLUE-RED
<b>POOMSAE 6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Ronald Nadtochii</b>	
<b>CDK-DB</b>	
<b>D-BR10</b>	
<b>DIVISION</b> Kids III	<b>BELT</b> BLUE-RED
<b>POOMSAE 6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Michael Nadtochii</b>	
<b>CDK-DB</b>	
<b>D-BR13</b>	
<b>DIVISION</b> Cadet	<b>BELT</b> BLUE-RED
<b>POOMSAE 6</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Iris Chin</b>	
<b>CDK-DB</b>	
<b>A-R1</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> RED
<b>POOMSAE 7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Aranya Das</b>	
<b>CDK-DB</b>	
<b>A-R6</b>	
<b>DIVISION</b> Cadet	<b>BELT</b> RED
<b>POOMSAE 7</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
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<b>Kung, Tinco Sze Shun</b>	
<b>CDK-DB</b>	
<b>B-RB2</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> RED-BLACK
<b>POOMSAE 8</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**5<sup>th</sup> Cheung Do Kwan Poomsae Competition 2023**

**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
BRING TO COMPETITION**

<b>Elisabeth Simon</b>	
<b>CDK-DB</b>	
<b>D-BLK1</b>	
<b>DIVISION</b> Kids II	<b>BELT</b> BLACK
<b>POOMSAE 0</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
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<b>Kung, Mina Hiu Yuet</b>	
<b>CDK-DB</b>	
<b>D-BLK5</b>	
<b>DIVISION</b> Cadet	<b>BELT</b> BLACK
<b>POOMSAE 0</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
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<b>Diana Yunghyun Tsai</b>	
<b>CDK-DB</b>	
<b>D-BLK6</b>	
<b>DIVISION</b> Cadet	<b>BELT</b> BLACK
<b>POOMSAE 0</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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**ENTRY FORM “PLEASE PRINT IN A4 SIZE” &  
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<b>Grace Edwards</b>	
<b>CDK-DB</b>	
<b>D-BLK7</b>	
<b>DIVISION</b> Senior I	<b>BELT</b> BLACK
<b>POOMSAE 0</b>	

**Taekwondo Demonstration | 1:00pm – 1:30pm**

**Competition Time | 1:30pm – 5:00pm**

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